

The Heart Fire

This little known capacity proves to be very useful in developing our extra-sensorial faculties. It can be compared to a vibrating vortex at the heart.

The Heart Fire can be consciously stimulated by placing your awareness on your heart and internally requesting its activation on the level you choose.

Among its virtues it increases your discernment, your sensibility and your ability to radiate your Love, the heart chakra being associated with your hands and your angel wings. It can be compared to a vortex that activates at the heart level.

To develop this capacity, focus your attention as often as possible on the heart, and now and then activate the Heart Fire at a higher level.

On the 1st level

The heart chakra is activated as well as the first chakra

and the primary channel of the hands, you will experience a concentration of energy between the shoulder blades.

On the 2nd level

Your wings open, the heart chakra and the primary channel of the hands activate even more, as well as the clairsense channel.

On the 3rd level

Your wings start to beat, the heart and the throat chakras activate at a higher level, as well as the clairolfaction channel.

On the 4th level

Your wings open up completely behind you, touching each other like butterfly wings; the psychic channels activate, as well as the primary channels of the hands and feet.

Here are the various uses of the Heart Fire :

- sending Love to someone (even at a distance),
- to give hands on treatments,
- raises the vibrational level of water and food (for example, when we give thanks for our meal),
- discerns the degree of trust we can give to a presence, visible or invisible (the Heart Fire deploys with more or less ease),
- to bless all that surrounds us (the fact just of having the Heart Fire activated is a benediction for others),
- to sense the vibrational quality of invisible presences and locations (the Heart Fire closes or switches to alternative mode when you enter into a negative energy field),
- to pray, meditate or to activate the Merkaba (increases the vibrational potential, especially in a group),
- soothes presences when they are injured or enraged,
- as an offering to invisible presences (to thank them).

With practice, this Fire can remain permanently active and allows you to perceive the vibrational quality of all that surrounds you without having to do anything in particular.

Placing your awareness on your heart and its Fire, as often as possible, will become a guide for your life.

